Welcome to 2016!
TSS community would like to extend a very warm welcome to:

Our 2016 Prep students. We wish them all the best as they start their formal education. They have settled in extremely well and are off and running with their learning.

Our new families. We look forward to getting to know you. We hope you find our school community warm and friendly. Do not hesitate to contact us if you are unsure about anything.

Our new staff. Welcome aboard. We have already seen you embrace the commitment to our students’ learning.

Left to right: Brenda Morice (Admin)
Cecelia Slade (Teacher-6A)
Meika Gordon (Teacher-2B)
Kathleen Kenny (Teacher-1A)

Our TSS families. It is great to see everyone arrive well and happy. We are looking forward to continuing our partnership to ensure our kids have the best opportunities to be successful and positive young people.

In spite of some of the challenges associated with the refurbishment of the heritage building we have had an amazing start to the year.

Thank you for ensuring your child has correct gear, uniform and of course healthy food.

Jennifer Sloane
Hello 2016 Parents & Caregivers,

We would like to welcome you to our school and invite you to become a part of the P&C and volunteer group.

Throughout the year the P&C run various fundraisers to raise funds to help provide valuable resources to our children at Tully State School such as fridges, computers and programs, playground equipment and much more.

Our school community is a great community to be involved in and the social side of volunteering on the P&C is also quite rewarding.

Although we hold meetings once a month, we understand that not everyone can attend every meeting. However with everyone helping out and donating just a small amount of their valuable time, it makes the work load a lot less on the executive committee members, staff and teachers.

Please join us and become a P&C Member so that Tully State School can continue to prosper for the benefit of our children.

Our AGM will be held in mid-March 2016 so please keep an eye out for the date.

Every little bit of help is appreciated and everyone is welcome!!

Here's to a great 2016!!

From Tully State School's P&C Committee

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Important Information for 2016

Updated Details: Please make sure to update any contact details with the office: e.g.
- Any change of address
- Parents/Carers phone numbers
- Emergency contacts

Medication: for any medication to be administered to a student at school – a form must be completed and left with the office. Please contact Deb Hood for more information.

Peanut Free School: Tully State School is a peanut free zone. Please be aware when packing lunches.

Absences: All absences MUST be notified to the office by phone: 40439333, written note, or email: absences@tullyss.eq.edu.au. Also students must be signed out at the office by an adult if leaving the school grounds (in school hours) for any reason: e.g. Illness, appointments.

Teacher Appointments: Appointments to see your child’s teacher may be made by contacting the office in the first instance. Parents/Carers must also present to the office before meeting with the teacher.

Parking: Please be aware of Parking signs around the school. Bryant Street is a Stop Drop and Go area. Police often patrol this area so please ensure that you do not park any longer than the allocated 2 minutes.

Long parking is available in Uzinger and Graham Streets and on the eastern side of Bryant Street.

Limited parking is also available in the Cyclone shelter car park. If you are parking in the cyclone shelter we ask that you park in the designated car parks that have car parking lines and do not park on the footpath facing the oval or the area closest to the Multipurpose hall.

Children must ALWAYS be supervised when getting in and out of vehicles and when crossing the roads.

Please ensure that you walk behind your own vehicle when getting in and out of the car. This ensures that other vehicles have full vision of pedestrians when leaving the parking area. There were a few incidents last year where parents were nearly hit when walking behind an exiting vehicle.

Assembly: Assembly will be held on Fridays at 9am in the MPH. Parents are most welcome to attend.

Uniforms: The school is always appreciative of donations of any school uniforms your child or children have outgrown. Uniforms should be in reasonable condition i.e. clean and tidy, no broken zips, ripped sleeves etc. They can be dropped off at the school office any time during school hours.

A Block: During Term 1 A Block will be undergoing construction work. Please ensure your children understand they must stay well away from the barriers.
Health and Physical Education

Hello, my name is Chris Cattarossi (I don’t mind the kids calling me Mr Catt) and I am your child’s HPE teacher. I am also the President of the Tully 10-12 years District Sports Management Group which is responsible for coordinating and facilitating interschool and representative sporting events and teams for schools from Cardwell to El Arish.

I am able to be contacted in person, by phone or by email and will always listen to parental and community concerns and suggestions. School sport news will be found in each newsletter this year.

2016 School Sport Calendar

At Tully State School the sports program focusses on exposing as many students as possible to a range of sporting activities, selecting individuals and teams to participate in district carnivals and then assisting those who are able to attend regional events and beyond to excel.

HPE lessons aim to develop basic skills and game sense in tennis, touch football, track and field events, rugby league, cricket, softball, volleyball and swimming. ‘Healthy Habits’ and ‘Personal Safety’ issues will also be examined.

School teams will be chosen in swimming, rugby league, netball, touch football, track and field events, cricket and league tag. District carnivals usually involve 9-12 year olds only.

Inter-House Carnivals will be held for cross country, athletics (track and field) and swimming. Our house teams are Tyson (blue), Mackay (red), Kirrama (yellow) and Walter Hill (green).

A detailed “TSS Primary Calendar” can be found on the school’s website (https://tullyss.eq.edu.au ) and those interested in regional sport should keep an eye on the Peninsula School Sport Board site (www.pensport.eq.edu.au). Following is a condensed calendar for all Tully State School parents to keep on their fridge this year. **Tully SS Interhouse carnivals are in bold print.**

- District Swim Carnival Fri 19th Feb 5-8:30pm
- District Netball and Rugby League Carnivals held at TSS Fri 4th March
- District Touch Football Carnival Thurs 24th March

**TSS Cross Country held at TSS Fri 22nd April 1-3pm**

- District Cross Country Fri 29th April
- District Tennis Tournament Fri 6th May 3:30-6:00pm

**TSS High Jump Championships Fri 17th June (7-12 year olds only)**

**TSS 200m & 800m Finals Wed 22nd June 1-3pm (9-12 year olds only)**

**TSS Athletics Day Fri 24th June**

- District Athletics Day Fri 22nd July (+ Discus Mon 18th & 800m Wed 20th after school)
- District Cricket Trials Fridays 12th, 19th & 26th Aug TSS top oval 2-5:30pm
- District T20 Blast cricket Carnival Fri 16th September
- Ulysses Cluster Sports Awards Wed 26th Oct 5:30-8pm

**TSS Years 3-6 Swim Carnival Fri 2nd Dec**

C. Cattarossi
0458 645 211
ccatt5@eq.edu.au
Returning to School Tips

Starting the school year means a new morning routine for your family. Allowing an extra ½ hr in your planning can help the morning go smoothly along with these tips:

Try to be organised - make lunches the night before, have bags packed and ready; 
Rise early on school days - try a list of things your child can do to get themselves ready – pictures help; 
Give your child a chance to solve things for themselves - generating independence now can save you time and energy in the future; 
When you can’t agree, try to work out a solution together - talk things over. The morning rush can lead to a ‘lock of heads’, which can create conflict at the start of the day. Guide and nurture calmness through role modelling; 
When their behaviour upsets you, talk about your feelings - they learn empathy from you; 
Decide prior together what the consequence will be if your child misbehaves; 
Be realistic – expect some arguments with siblings. 
Step in only when things get out of control ; 
Play a game like ‘beat the clock’ and generate a reward for getting out of the house on time;

For help/ideas chat to your Parenting Promotion Officer: Jolene 0488321605 F everyfamilycassowarycoast

Returning to School Behaviour

Now that your child has returned to school, they will be learning new things and facing new challenges that can be difficult and distracting. To help with this adjustment, here are some tips to choose and trial. See what works best for your family

Have a predictable routine after school that involves healthy food choices and an opportunity to wind down Home work – have clear expectations, rewards and consequences e.g. TV is turned on when home work is finished
Practice social skills at home, talk about being a good friend, taking turns in games and activities, asking what others might like or do
Have realistic expectations for yourself and the kids. Trying to be perfect can set us up for frustration and disappointment. The pushing of boundaries and new emerging behaviours is natural at the start of the school year
Swearing, lying and cheating are fairly common behaviours in school-aged children. Talk to your children about family values, rules and fairness
Be Firm, Kind and Consistent to make it work

For help/ideas chat to your Parenting Promotion Officer: Jolene 0488321605 F everyfamilycassowarycoast