From The Principal

Congratulations to all involved in the District Athletics Carnival. What a wonderful effort from all our competitors, staff and parents to once again win the Tully District Primary Schools Athletics Carnival.

Our school community is very proud of the great display of sportsmanship shown by our students.

Well done to those students who have qualified to represent the Tully District at the Peninsula Championships in Cairns.

More information and photos on Page 3 in our Health and Physical Education section.

Our school is now officially District Champions in Track & Field, Rugby League, Touch Football, Netball and Girls Cricket.

Awesome achievement!!

Jennifer Sloane
STUDENT OF THE WEEK

PA: Faavian Vale: ‘On Track’ all the time.
Isabelle Matthews: great class helper.

PB: Bailee Muriata & Joel Valeriano: 100% effort, 100% of the time.

1A: Clancy Black: an awesome start to Term2 - outstanding GOLD behaviour.
Nellie Domara: outstanding attendance in Week 1. Well done!

2A: Sienna Raciti: trying hard to stay ‘On Track’.
Samuel Sipi: 100% effort—‘On Track’ behaviour.

Rhys Valeriano: for an incredible example of a procedure in English.

3A: Shakobe Grant: for showing more consistent ‘On Track’ behaviour.
Eric Tui: for an excellent effort in Maths & mastering length conversions.

William Wallace: for having a great smile.

4A: Lani Zamora: for putting her hand up and having input in class discussion.

5A: Teranea Luland: excellent choices and attitude to learning.
Blaire Bishop: fabulous start to Term 3.

5/6B: Seth Harris: for improving his behaviour and starting the term ‘On Track’.
Chloe Johnston, Sasha Flegler, Blake Morice and Jack Dent for going above and beyond in writing.
Not just ‘On Track’ but striving for excellence!

6A: Jade Ketchell: for continuously supporting her fellow classmates.

U12 Rugby

On the 19th of July, Tully took an Under 12s rugby league team to Cairns to compete against other teams in the region. There were ten teams in total. Our girls braved the rain and made the finals undefeated. They were defeated by Thursday Is, 20-8 in the final and were runners-up for the whole competition. The girls never gave up and were good sports all day. Seven players in our team were invited back the next day to try out for the Peninsula Team. TSS girls, Shanequa & Manaia, were selected for the Peninsula Team, along with some high school students, with Clarissa as a shadow. We are super proud of their efforts and would like to thank Mike, our volunteer coach, for helping us achieve such an amazing success.
3A have been lucky enough to have a student teacher join us in class this term. Miss Erin has been teaching us about measurement. We have been practising measuring length, mass and capacity.

When we become experts Miss Erin gives us a ‘Measurement Licence’. We have been working hard and showing ‘On Track’ learner behaviour to earn each licence.

**Health and Physical Education**

**TULLY SS ARE STILL THE CHAMPIONS!!!**

Tully State School has won the Tully District Primary School Athletics Carnival in consecutive years! In another dominant performance Tully topped both the total points and aggregate competition with Lower Tully SS coming second and Mission Beach third.

We can be extremely proud of our students not only for their physical performance but also in the way they conducted themselves with respect, courtesy and good sportsmanship during the whole day. It was a pleasure to hear comments from parents and staff of others schools about the great way in which our kids conducted themselves.

Although this was a team effort we must also congratulate our age champions: Brooke Johnston (9 years), Jahleal Dickman (10 years) and Brett Brunello (11 years).

Sixteen of our students have also qualified to represent Tully District at the Peninsula Championships in Cairns on Sunday 14th/Monday 15th August (see table).

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**Brisbane International School Tennis Challenge**

Last Tuesday we sent five players to Cairns to compete in the regional finals of the Brisbane International Schools Challenge. Our team consisted of Rudy Thorogood, Sasha Flegler, Jack Edwards, Madison Deloryn and Logan Deloryn.

**Lo and behold:** Tully met St Clare’s in the grand final (St Clare’s won) and both schools have been invited to send a team to Brisbane in January.

Yours in Sport,

C. Cattarossi
0458 645 211
ccatt5@eq.edu.au

**P&C News**

Helpers are needed on Tuesday mornings from 9am & Fridays from 12:30pm to help roll lamingtons. Helpers are also needed on Friday 26th August, to collate orders. If you can assist, please let us know ASAP.

We will also be selling slushies on Tuesdays at 2nd break.
**School Refusal**

If our children continue to avoid school, it is likely that they will fall behind with school work, feel socially isolated and may contribute to ongoing anxiety levels. Here are some school refusal tips:

- Plan for a calm start to the day e.g. organise uniforms, lunches and schoolbags the night before.
- Use clear, calm statements to let them know you expect them to go to school e.g. “When you are at school tomorrow...” *Not* “If you make it to school...”
- Use direct statements e.g. “Time to get out of bed” Avoid questions such as e.g. “Are you going today?” – these give our children a chance to say “No!”
- School night means – early to bed night. Encourage a good night’s sleep
- Make home **BORING** during school hours, (this means no TV, video games, internet)
- Include the teacher and school in your school refusal struggles and work together

For any further tips or support with school refusal contact

Parenting Promotion Officer: Jolene 0488321605  [everyfamilycassowarycoast](mailto:jolene@everyfamily.org.au)

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**Co-parenting**

If you and your co-parent find that you are often arguing about whose parenting style is more correct or effective, - pause and take some time to discuss different ways of reaching your shared family goals together:

- Create a private, specific time to come together and talk about your differences in parenting – not to argue, simply openly acknowledging your differences.
- Affirm together that you’d like to find more common ground, in order to help your child, learn and grow. Find one or two behaviours you’d both like your child to improve. Discuss ways you can clearly and effectively help your child take responsibility for improving these behaviours.
- Stay focused on specific behaviours like chores, or reducing back chat rather than broad concepts like ‘respect’ or ‘attitude’.
- If you find yourselves being drawn into another argument, step back, take a break and refocus on one or two specific behaviours.
- Agree to present a united front to the children. Letting them know that they cannot get around the rules by appealing to one parent over another.

For help/ideas chat to your Parenting Promotion Officer: Jolene 0488321605  [everyfamilycassowarycoast](mailto:jolene@everyfamily.org.au)

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**Well Women’s Clinics**

(These clinics are available to Medicare eligible clients)

*Service includes:* Pap Smears, Sexual Health Screening, Breast Awareness, also info on Contraception, Continence, Menopause, Lifestyle Issues, Domestic Violence, etc.

*All services are provided by a specially trained Women’s Health Nurse.*

**Mission Beach CHC:**
- **Tuesday 23rd August**
- **Ph** 4226 4812

**Cardwell CHC:**
- **Wednesday 24th August**
- **Ph** 4066 8533

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**DIVE**

Get swimming now with Tully Swim Club!

**SIGN ON & SWIM CLUB NIGHT**

**2ND & 16TH SEPTEMBER**

5:30pm – Sign on
6pm – Club night

Bring your swimmers, towel, goggles

Have fun, make friends, practice your skills, improve your times

**Come see & come try nights**

Food & drinks available at clubhouse

**7 year old and under**

**Join FREE**

More info: tullyswimclub@gmail.com
Or find us on [Facebook](#)

*Membership fees and family discounts apply to other ages*